## THE WESLEY CENTER PRESCHOOL

presents

## Parenting For Wellness

A Health Empowerment Series

## Louise Kuo Habakus, MA, HHP

Thursday, March 25, 2010 7:30 p.m.

United Methodist Church of Summit 17 Kent Place Boulevard, Summit, NJ

Individual registration strongly recommended louise@lifehealthchoices.com

\$5 admission suggested light refreshments provided

Parking in municipal lot at DeForest and Woodland Aves

Please join us for an informative and timely look at nutrition, household and environmental toxins and vaccines. We'll discuss the "New Normal" of children's health, and how to take back parenting and make our own life health choices. Bring your questions about cold and flu season, including prevention, vaccines and immune system support. Life Health Choices is dedicated to building community and creating change through informed choices affecting our lives and our health.



