

National Vaccine Information Center

Making Our Life Health Choices

Reston, Virginia

October 2009

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Making Our Life Health Choices

- Vaccination is now solidly part of the national zeitgeist
 - H1N1 global pandemic
 - Vaccine mandates for work, school, daycare, battle
 - Personal rights.. health rights... life rights
- Part of broad sweeping issue affecting our society
 - Role of government and industry collaboration
 - Informed consent and gatekeeping of information
 - Protective legislation: liability shield
 - Follow the money
- Our life health choices
 - Vaccine choices
 - Food, environment, drugs, schooling, birth choices

Now What?

- For my family
 - How should I think about vaccines?
 - What are smart questions to ask my doctor?
 - How do I decide which vaccines to get?
 - Are there exemptions for mandated shots?
- In my community
 - How important is vaccination choice?
 - Why is it so hard to speak out on this issue?
 - What can I do?

Agenda

- Reasons for concern
- Safety
- Efficacy
- Making our choices
 - Vaccination choices
 - Grassroots advocacy

Childhood in America

The "New Normal"

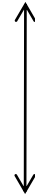
| | |
|------------|----------------|
| 1 in 9 | Asthma |
| 1 in 10 | ADHD |
| 1 in 26 | Food Allergies |
| 1 in 100 | Seizures |
| 3-5 in 100 | Birth Defects |
| 1 in 150 | Autism |
| 1 in 450 | Diabetes |

1 in 3 children have chronic GI, neurological,
immune and autoimmune disorders

- H.E. Buttram, MD, 2008 www.medicalveritas.com/man1925_1936.pdf

No One Knows Why

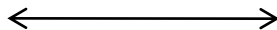
EMFs, Emissions
Chemicals, GMOs



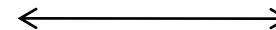
Air, Water
Food



Rx



SICK KIDS



Vax

Childhood Vaccines

2009 CDC Recommended Schedule

Birth to age 5:

| | | | |
|-------------|-------------|---------|-----------|
| 5 DTaP (15) | 2 MMR (6) | 2 Hep A | 3 Hep B |
| 4 Hib | 6 Flu | 4 Polio | 4 Prevnar |
| 3 Rotavirus | 2 Varicella | | |

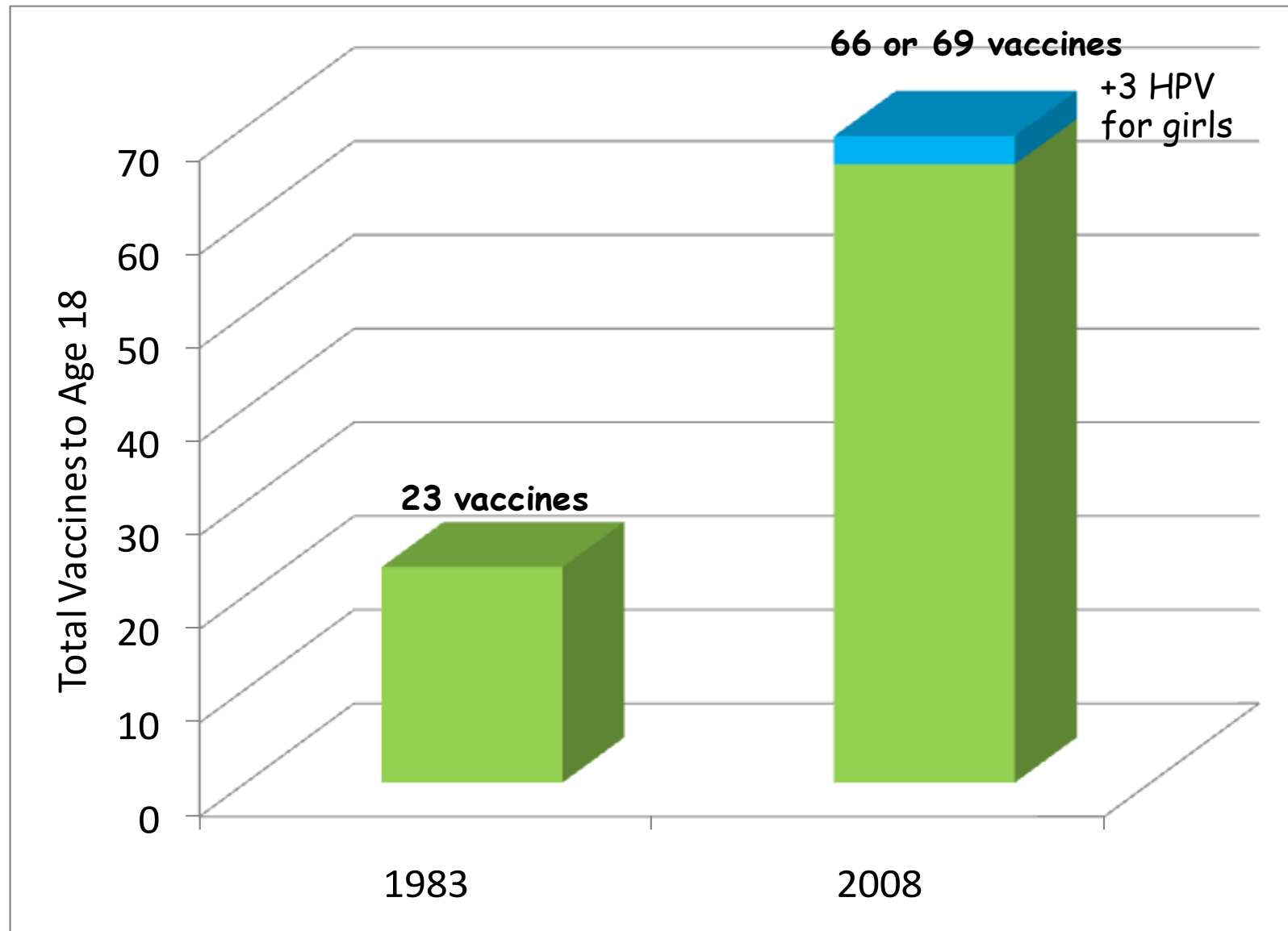
Ages 6 to 18:

| | | | |
|------------|----------|--------|-------|
| 1 Menactra | Tdap (3) | 13 Flu | 3 HPV |
|------------|----------|--------|-------|

69 doses of 16 vaccines (girls)
66 doses of 15 vaccines (boys)

The Number of Vaccines Has Tripled

What Are the Consequences?

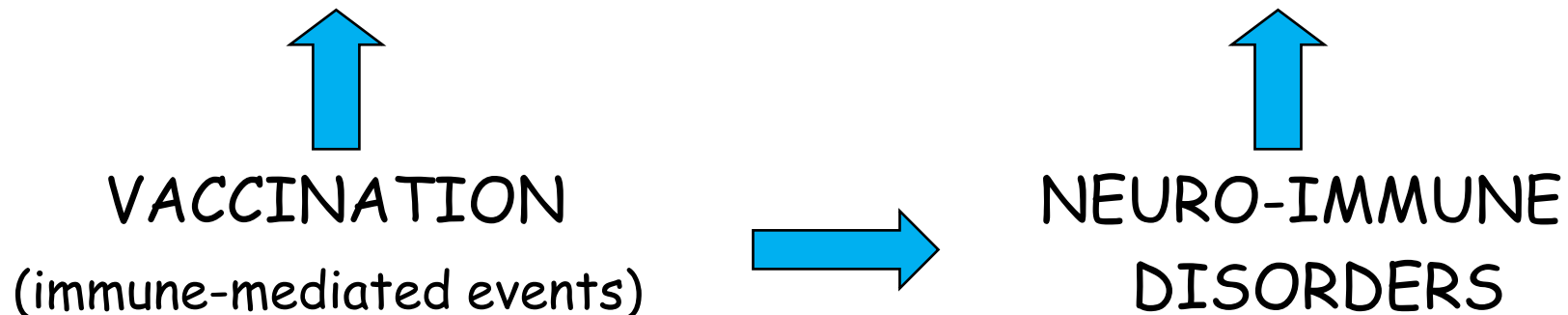


What Are The Consequences?

A Simple Equation?

1 in 10,000
1 in 150 and 1 in 94
1 in 6

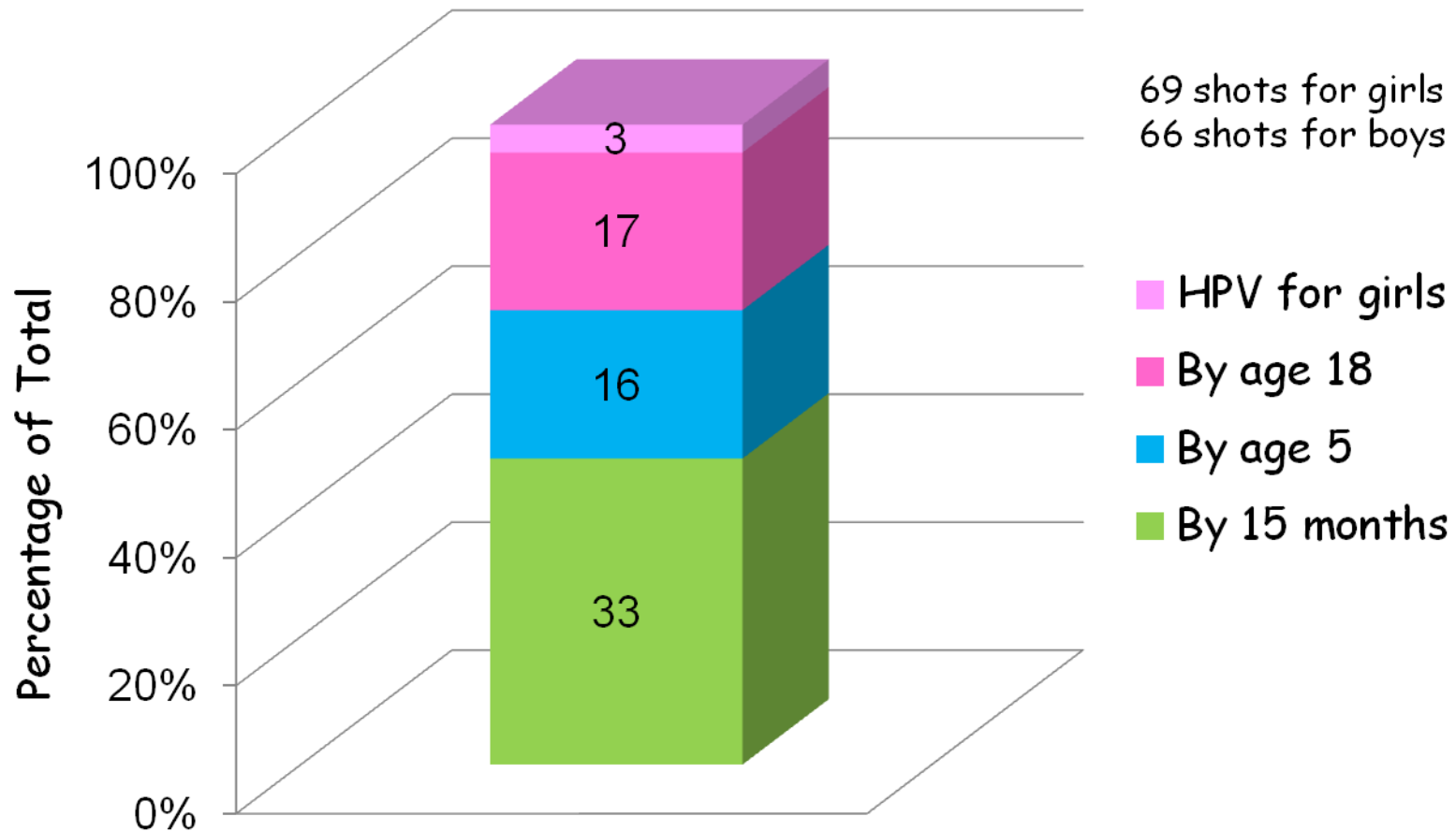
peanut-free zones, other allergies, asthma, diabetes, autism, ADD/ADHD, sensory disorders, apraxia, semantic pragmatic disorder, speech delays, OCD...



Parents Are Asking Questions

Too Much Too Soon?

Half of All Shots By Age 15 Months



Congressional Vaccine Hearings

Our Children Aren't Well

A School Nurse Perspective

In 25 years of nursing, I have never seen so many damaged, sick kids. Something very, very wrong is happening to our children. The ill children treated in our health rooms each day has increased by 300% in only four years. The elementary grades are overwhelmed with children who have symptoms of neurological and/or immune system damage: epilepsy, seizure disorders, palsies, mental retardation, learning disabilities, juvenile-onset diabetes, asthma, vision/hearing loss, and a multitude of new conduct/behavior disorders... Our school districts have noted... each of the past four years has been worse than the year before.

May 17, 1999, www.cssa-inc.org/Articles/Hepatitis_B.htm

Where's The Research?

- No controlled studies ever done
 - In general
 - Specific to the U.S.-recommended schedule
- Failure to study the populations who became sick
- Studies "proving" no causation are flawed
 - www.fourteenstudies.org (Generation Rescue)

... vaccine safety science (has) been
"done on the cheap" and (is) seriously deficient

Dr. Louis Cooper, former AAP President
February 2, 2009, third stakeholder meeting
IOM Committee - National Vaccine Plan

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- Efficacy
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Let's Ask the CDC... Are Vaccines Safe?

"Vaccines are safe. Vaccines are held to the highest standards of safety. The US has the safest, most effective vaccine supply in history. Years of testing are required before a vaccine can be licensed. Once in use, vaccines are continually monitored for safety and efficacy."

- CDC website

www.cdc.gov/vaccinesafety/basic/parents.htm

Let's Ask Parents... Are Vaccines Safe?

VACCINE ADVERSE EVENT REPORTING SYSTEM (VAERS)

297,672 events from 1990 to July 31, 2009

Doctors are reluctant to report vaccine injuries

NVIC reports only 1% to 10% of events are recorded

3 to 30 million potential vaccine reactions?!

www.medicare.gov/vaersdb/stats.html

National Childhood Vaccine Injury Act

Vaccine Injury Table

| <u>VACCINE</u> | <u>ADVERSE EVENT</u> | <u>TIME INTERVAL</u> |
|----------------|----------------------------|--------------------------|
| Tetanus | anaphylaxis | 0-4 hours |
| Pertussis | brachial neuritis | 2-28 days |
| MMR | complications incl death | N/A |
| Rubella | encephalopathy | 0-72 hours |
| Measles | chronic arthritis | 7-42 days |
| Polio | thrombocytopenia | 7-30 days |
| Hepatitis B | vaccine-strain measles | 0-6 months |
| | paralytic polio | 0-6 months |
| | vaccine-strain polio | 0-6 months |
| | intussusception | 0-30 days |

<ftp://ftp.hrsa.gov/vaccinecompensation/vaccineinjurytable.pdf>

Are Vaccines Safe?

The PDR lists multiple ways to die and dozens of side effects post-vaccination, including but not limited to:

SIDS, anaphylaxis, thrombocytopenia, encephalitis. Seizures, Guillain-Barre Syndrome, Bell's Palsy, aseptic meningitis, transverse myelitis, MS, Stevens-Johnson Syndrome (flesh eating disease), erythema multiforme, diabetes, urticaria, lupus, optic neuritis, keratitis, optic neuritis, nerve deafness, otitis media, renal failure, arthritis. early onset HiB disease, lymph-adenopathy, reflux esophagitis, vitreous hemorrhage, atypical measles, mumps, impetigo, cellulitis, herpes zoster, asthma, vesiculation, ulceration, necrosis, plus diarrhea, anorexia, vomiting, myalgia, rash, fever, respiratory distress, IgA nephropathy, convulsions, persistent crying, collapse, shock, increased intracranial pressure, brachial neuritis, cochlear lesion, paralysis, EEG disturbances, accommodation paresis, disseminated sepsis, gastroenteritis, inguinal hernia, UTI, pneumonia.

Are Vaccines Safe?

You Can Get The Disease From The Vaccine

"Excretion of small amounts of the live attenuated rubella virus from the nose and throat has occurred in the majority of susceptible individuals 7 to 28 days after vaccination... transmission through close personal contact... a theoretical possibility..."

"Transmission of the rubella virus to infants via breast milk has been documented."

Merck's M-M-R-II package insert:

www.merck.com/product/usa/pi_circulars/m/mmr_ii/mmr_ii_pi.pdf

Are Vaccines Safe?

Inadequate Testing and Low Standards

LIMITED TESTING, SMALL SAMPLES, WHITE WASHED STUDY POPULATIONS
DON'T RESEMBLE REAL WORLD CHILDREN

"... 434 doses... were administered to 147 healthy infants and children (up to 10 years of age)..."

www.merck.com/product/usa/pi_circulars/r/recombivax_hb/recombivax_pi.pdf

WHEN SOMETHING BAD HAPPENS, RESEARCHERS BELIEVE IT'S UNRELATED

"Although no causal relationship has been established, deaths have occurred in temporal association after vaccination of infants with IPV."

www.vaccineshoppe.com/US_PDF/IPOL_942420_11.06.pdf

SOMETIMES TRUE PLACEBOS ARE NOT USED FOR PRE-LICENSURE TESTING

Gardasil used a placebo with 225 mcg of aluminum.

www.fda.gov/cber/label/gardasilLB.pdf

Are Vaccines Safe?

Inadequate Testing and Low Standards

ISN'T IT FLAWED TO USE EXPERIMENTAL CONTROL GROUPS?

"... infants were randomized to receive Prevnar or a control vaccine (an investigational meningococcal group C conjugate vaccine)..." www.fda.gov/cber/label/prevnarLB.pdf

OR THE TESTING DOESN'T STAND UP TO SCRUTINY

"Data on file" or "Unpublished data" appears in many vaccine package inserts. The studies, used to justify FDA approval, are not always available for peer review.

http://us.gsk.com/products/assets/us_infanrix.pdf, www.vaccineshoppe.com/US_PDF/Menomune%205143.5146_11.06.pdf,
www.merck.com/product/usa/pi_circulars/c/comvax/comvax_pi.pdf

SOUNDS EXPERIMENTAL... ARE WE HUMAN GUINEA PIGS?

"Has not been evaluated for carcinogenic, mutagenic potential or impairment of fertility." (appears in all package inserts)

www.merck.com/product/usa/pi_circulars/m/mmr_ii/mmr_ii_pi.pdf, http://us.gsk.com/products/assets/us_pediarix.pdf
www.vaccineshoppe.com/image.cfm?pi=510-05&image_type=product_pdf

Are Vaccines Safe?

Licensed Vaccines Are "No Longer Preferred" and Withdrawn

"The CDC no longer prefers the combination MMRV vaccine to the separate administration of MMR and varicella vaccines due to statistically significant higher incidence of febrile seizures."

<http://www.medscape.com/viewarticle/571507>

"Temporal clustering of intussusception after the rotavirus vaccine suggested a causal relationship." Over a seven-month period, the rate was more than three times the total cases from all vaccines reported in the preceding eight years. The CDC recommended its suspension and Wyeth voluntarily withdrew the vaccine three months later.

<http://www.fda.gov/CBER/recalls/rota101599.htm>

http://findarticles.com/p/articles/mi_m0906/is_34_53/ai_n6212868

<http://content.nejm.org/cgi/content/full/344/8/564>

Taking Irresponsible Risks With Our Children?

IS IT SAFE TO GET ALL THESE SHOTS AT THE SAME TIME?

Routine administration of DTP (diphtheria, tetanus, pertussis) and/or OPV (oral poliovirus vaccine) concurrently with measles, mumps and rubella vaccines is not recommended because there are limited data relating to the simultaneous administration of these antigens.

www.merck.com/product/usa/pi_circulars/m/mmr_ii/mmr_ii_pi.pdf

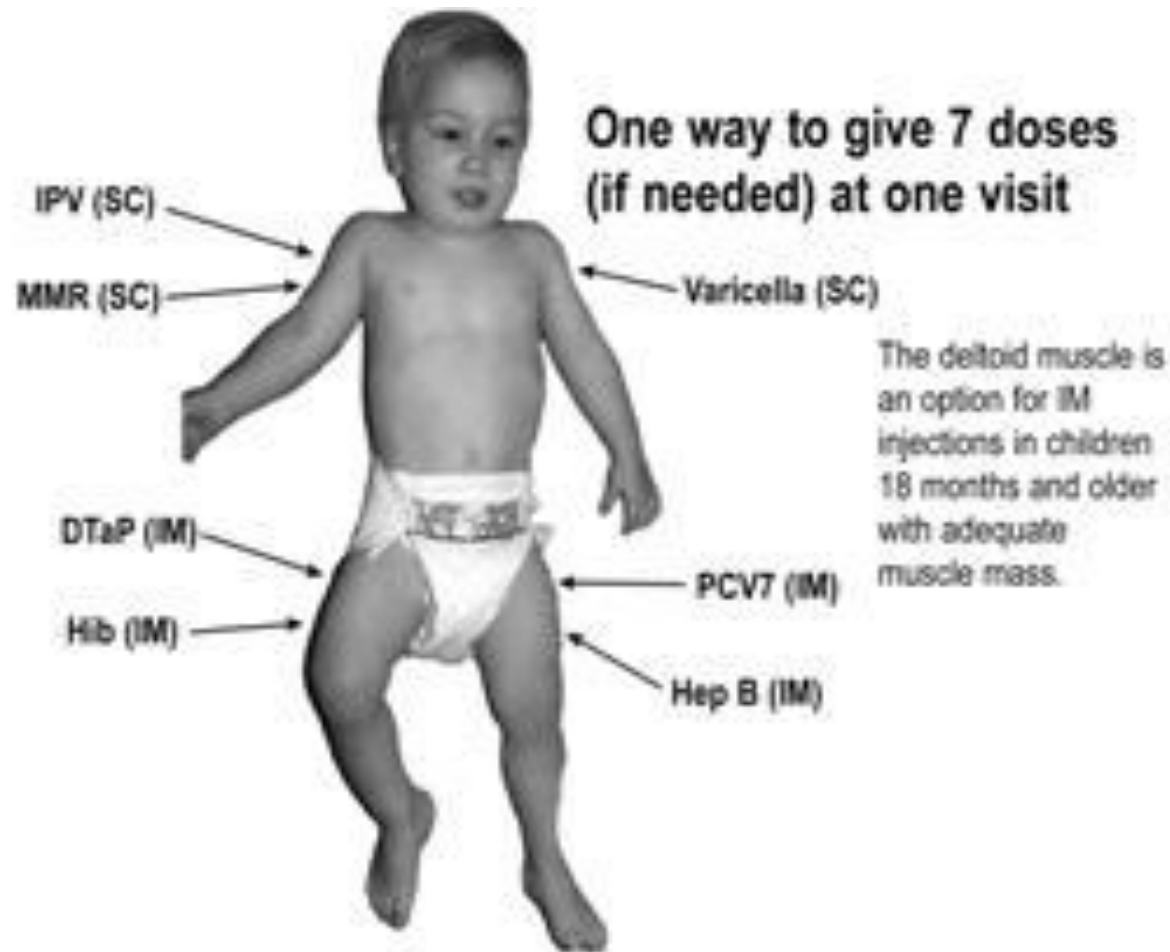
NO, BUT IT'S DONE ANYWAY AND TACITLY SUPPORTED

"The AAP has noted in some circumstances, particularly when the patient may not return, some practitioners prefer to administer all these antigens on a single day."

[M-M-R II, Merck package insert, 2001]

State Immunization Manuals

One way to give 7 doses (if needed) at one visit



<http://www.cdphe.state.co.us/dc/Immunization/immunmanual/sec09.pdf>

Mercury in Our Vaccines

"Trace Amounts"

Trace = 1 mcg/dose = 0.0002% = 2,000 parts per billion (ppb)

- 0.5 ppb kills human neuroblastoma cells
- 2 ppb US EPA limit for drinking water
- 20 ppb brain neuron membrane structure destroyed
- 200 ppb EPA classification as hazardous waste
- 25,000 ppb Hep B vaccine given at birth (US) 1990-2002
- 50,000 ppb DTaP and Hib vaccines given at 2, 4, 6, 12 and 18 months in the 1990s

<http://pediatrics.aappublications.org/cgi/eletters/121/3/621#36839>; *Toxicol Sci* 2005; 86: 132-140; www.epa.gov/safewater/contaminants; *Neuroreport* 2001, 12:733-37; www.epa.gov/epawaste, <http://www.fda.gov/cber/vaccine/thimerosal.htm>

Dr. George Lucier

Former Director, Environmental Toxicology, NIEHS

"The only plausible explanation for the rise in autism supported by a strong scientific foundation is that thimerosal causes some cases of autism."

"The justification for considering Hg as safe was inadequate and flawed, information on alternative preservatives was ignored, the vaccine manufacturers ignored a significant body of knowledge on health effects for at least 50 years and that the vaccine manufacturers did not conduct necessary toxicology studies to establish safety."

Expert report - Thimerosal is a Developmental Neurotoxicant

Are Vaccines Safe?

Other Concerns

The DPT Story

Asthma

Diabetes

Anaphylaxis and hypersensitivity

Food allergies and cross-reactivity

Adjuvants - aluminum salts, squalene

Viral contamination and cancer

The Gulf War Vaccine Controversy

- Gulf War Illness [American Gulf War Veterans Assn]
 - 280,000 returned home sick
 - Most with ALS, MS, scleroderma, lupus, CFS
 - Spouses and children also became ill (autoimmune)
- Too many vaccines?
 - US soldiers received 17 shots in as few as 2 days
 - Manufacturers warn to spread out over one year
- Curious coincidence?
 - Of 28 coalition forces, only one had no GWI
 - France was the only country that refused to vaccinate its soldiers (antibiotics!)

www.apfn.org/THEWINDS/1998/01/medical_experiments.html

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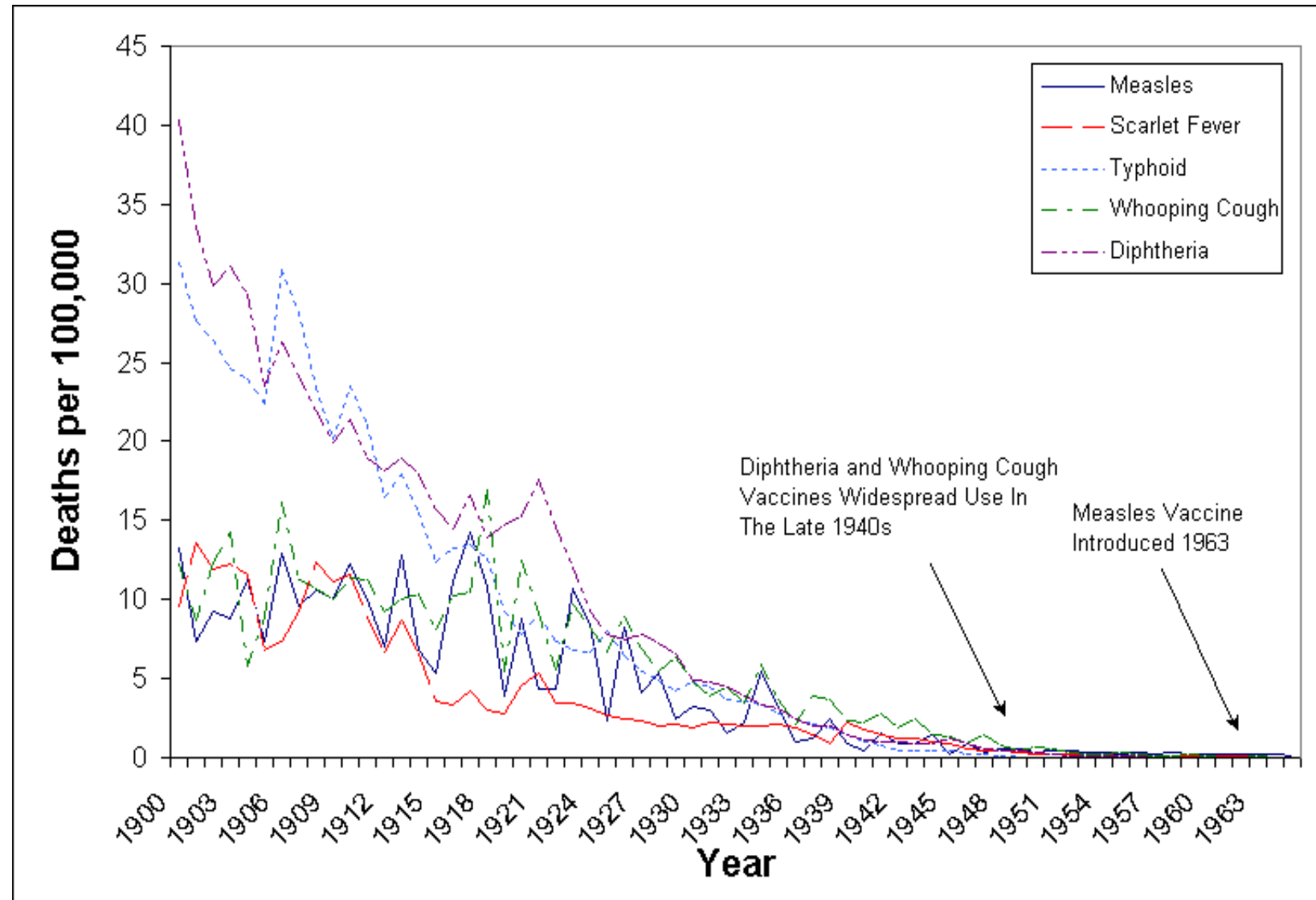
How Do Vaccines Work?

CDC Factsheet - It's the Antibodies

When a child is immunized, "the body makes antibodies against the weakened or dead germs in the vaccine. These antibodies can fight the real disease germs which can be lurking all around if they invade the child's body. The antibodies will know how to destroy them and the child will not become ill... After exposure to a live, weakened or dead germ, the antibodies or memory cells fight infectious diseases and usually stay in a person's immune system for a lifetime. This protects a person from getting sick again. This protection is called immunity."

www.hhs.gov/nvpo/factsheets/fs_tableI_doc2.htm

Large Drops in Disease Death Rates Occurred Long Before Vaccines Were Introduced



Investigating Our Unvaccinated Communities

Amish of Lancaster, PA

- Only 4 not 130 autistics based on population
- One exposed to high mercury from a power plant
- Three had been vaccinated
- "Genetic connectivity," disputes CDC's Gerberding

- www.ageofautism.com

Other populations:

- Chiropractors' children
- Home-delivered babies
- Homeschooled children
- Holistic moms' organizations

"A Cornerstone of Sound Public Health"

With increased vaccination, has there been concomitant lower infant mortality?

| <u>YEAR</u> | <u>USA INFANT MORTALITY RANK</u> |
|---------------------------------------|--------------------------------------|
| 1950 (inception of mass immunization) | 3 rd |
| 1986 | 17 th |
| 1995 | 23 rd |
| 2000 | 31 st |
| 2007 | 42 nd |

Source: www.infoplease.com/ipa/A0934744.html

How Do Other Countries Vaccinate?

30 First World Countries

| | | |
|-------|--------------------------------|----------|
| 1940s | Diphtheria, Tetanus, Pertussis | 30 of 30 |
| 1955 | Polio | 30 of 30 |
| 1971 | Measles, Mumps, Rubella | 30 of 30 |
| 1990 | Hib (meningitis) | 28 of 30 |
| 1991 | Hepatitis B | 18 of 30 |
| 1995 | Varicella (chickenpox) | 4 of 30 |
| 1998 | Rotavirus (diarrhea) | 3 of 30 |
| 2000 | Pneumococcal | 11 of 30 |
| 2004 | Influenza | 2 of 30 |
| 2004 | Hepatitis A | 1 of 30 |
| 2006 | Meningococcal | 1 of 30 |
| 2006 | Human Papillomavirus | 1 of 30 |

Swine Flu Alert

2009 Timeline

| | |
|----------|--|
| Feb 24 | Symptoms first seen in Mexico |
| Mar 28 | Earliest U.S. case |
| Apr 13 | First casualty in Mexico |
| April 21 | Health officials alert U.S. doctors to new flu strain |
| Apr 25 | WHO meeting re int'l public health emergency |
| Apr 26 | Public health emergency declared in U.S. |
| Apr 27 | WHO phase 4 pandemic alert status |
| Apr 28 | Obama requests \$1.5 billion in emergency funds |
| Apr 29 | 93 confirmed cases, first fatality in U.S. |
| May 3 | Sebelius announces vaccine plans underway |
| May 21 | No Child Left Unimmunized Against Influenza Act |
| Jun 11 | WHO declares swine flu pandemic , 1 st in 41 years |
| Jul 24 | 43,771 cases, 302 deaths in U.S., no more tracking |

Swine Flu Alert

2009 Timeline

| | |
|---------|--|
| Jul 24 | CDC: could strike 40% U.S., hundreds thousands dead |
| Aug 6 | Big drop in new swine flu cases |
| Aug 7 | Prez Panel: 90,000 dead, 1.8 mm hospitalizations |
| Aug 25 | CDC: 90,000 swine flu deaths not likely |
| Aug 26 | Judge blocks bid: prevent pregnant women + Hg shots |
| Sept 1 | Obama urges Americans to get H1N1 vaccine |
| Sept 2 | H1N1 shots required: U.S uniformed military, NY nurses |
| Sept 3 | 237% increase in flu shots given so far this year |
| Sept 3 | Kids with medical issues need shots |
| Sept 4 | Healthy kids can die, they need shots too |
| Sept 10 | NEJM: only one dose needed, protective in 8-10 days |
| Sept 13 | Swine flu shots to start first week in October |
| Sept 21 | Two doses needed for kids aged 6 months to 9 years |

Swine Flu and Vaccine Facts

1. It's not deadly for vast majority
2. Safety and effectiveness are questioned
3. Children with medical issues, pregnant women
4. Health practitioners opt against flu shots
5. Most doses will contain mercury
6. If you had H1N1, you probably have immunity
7. Follow the money

Why Mandate? Flu Is Not Deadly!

Influenza Deaths From NJ Dept of Health

| <u>AGE</u> | <u>2004</u> | <u>2005</u> |
|------------|-------------|-------------|
| <1 | 0 | 0 |
| 1-4 | 1 | 1 |
| 5-9 | 0 | 0 |
| 10-14 | 2 | 1 |
| 15-24 | 0 | 0 |
| 25-34 | 0 | 0 |
| 35-44 | 0 | 0 |
| 45-54 | 0 | 0 |
| 55-64 | 0 | 0 |
| 65-74 | 0 | 2 |
| 75-84 | 8 | 5 |
| 85+ | 12 | 12 |

http://f1.grp.yahooofs.com/v1/kHp_SJDNBbXgwPDAeg4y_QnK_FT7jRY2FEZeSmIsf05EUaFTsyfph8nryf8kzsYCGdU1Segpj_hek9ovflqNWWWh3rk8i_o/Flu%20Deaths%20in%20NJ%201996%20to%202005.pdf

How Could This Be?

You're being absurd!

We live in America...

So many children were vaccinated and nothing bad happened...

Doctors vaccinate their own children...

How quickly we forget...

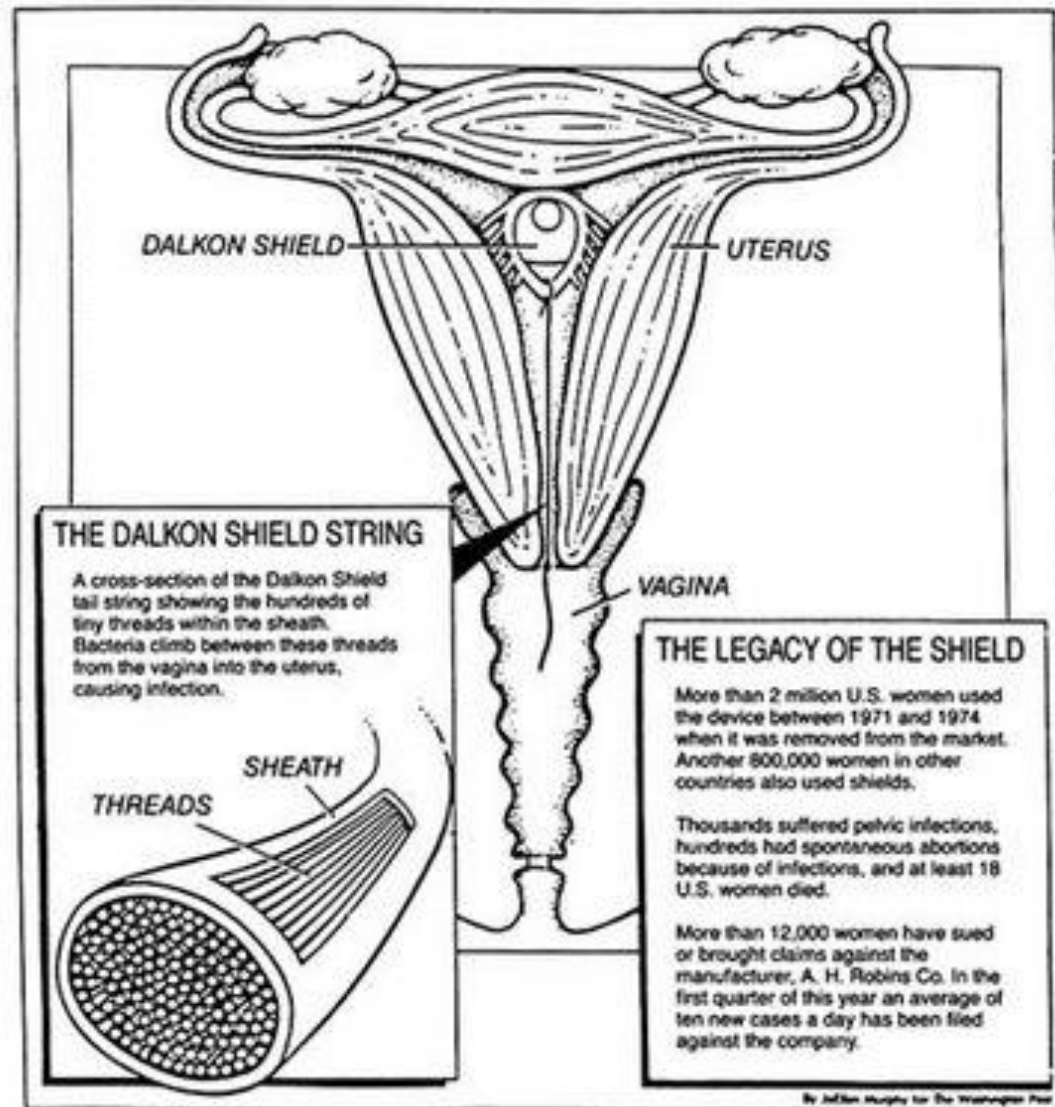
Thalidomide

Prescribed to combat morning sickness,
caused severe birth defects from 1956 to 1962



The Dalkon Shield

Defective IUD caused severe harm, juries awarded millions in compensatory and punitive damages



Mornidine

Withdrawn due to increased risk of hepatic lesions



NOW SHE
CAN COOK
BREAKFAST
AGAIN

... WHEN YOU PRESCRIBE NEW
MORNIDINETM
(BRAND OF PIPERAZINE)

A new drug with specific effectiveness in nausea and vomiting of pregnancy, Mornidine eliminates the ordeal of morning sickness.

With its selective action on the vomiting center, or the medullary chemoreceptor "trigger zone," Mornidine possesses the advantage of the phenothiazine drugs without unwanted tranquilizing activity.

Doses of 7 to 10 mg., repeated at intervals of six to eight hours, provide excellent relief all day. In patients who are unable to obtain oral medication when first used, Mornidine may be administered intramuscularly in doses of 5 mg. (1 cc.).

Mornidine is supplied in tablets of 5 mg. and in ampuls of 5 mg. (1 cc.).

G. D. Searle & Co., Chicago 80, Illinois.
Konsuch is the Service of Medicine.

1-381

Rely Tampon

Brand of superabsorbent tampons recalled in 1980
because it caused Toxic Shock Syndrome

**When the motor conked out, we paddled home.
Boy, was I glad I was wearing Rely.**

We get letters from girls all over the country raving about Rely's protection. Even in a crunch, they say you can count on it.

That's because Rely® is made of sponges and super fibers to give you double-absorbing action. And Rely is better than any other tampon for the best protection against dryness. (An accident caused by a gap between your tampon and you.)

When you move, Rely moves with you, bending and stretching. Even under stress—like paddling to shore—Rely helps protect you.

Not only that, Rely, with its tapered plastic applicator, is easy to insert and so comfortable to wear, you'll hardly know it's there.

If you've been in a jam where you were glad you were wearing Rely, write and tell us about it. We'll

show with you, we might use your letter in an ad. Write: Rely Box #1518, Cincinnati, OH 45201.

Rely. It even absorbs the worry.



Quaalude

Prescribed for relaxation, abused as a recreational drug,
caused depression, renal insufficiency, coma, death

why resumption of interrupted sleep
is important to all your patients



12:45 a.m. Sleeping Easily

1:00 a.m. Interrupted

1:30 a.m. Rapid Resumption

Certainly Quaalude has special advantages for the patient whose sleep is interrupted. Investigations report that patients on Quaalude can be easily awakened, and that resumption of sleep is prompt and spontaneous.^{1,2,3} But what do these observations mean for your patients whose sleep is interrupted? They mean that when you give Quaalude your patients will not be "drugged"; will not have a "shaky" feeling; will not suffer from morning "hangovers". Rather, awakening will be easy, with a real feeling of alertness and refreshment.^{1,2}

These qualities of resumption and refreshment set Quaalude apart from the drugs you may be using now. Quaalude induces a natural, physiologic sleep of 6 to 8 hours. And isn't that what you want for all your patients who need your help to a good night's sleep?

The secondary pharmacologic actions of Quaalude—antianxiety⁴ and anorectic^{5,6}—suggest that it may be especially useful in conditions complicated by rough or gastrointestinal distress.

Consult product literature for complete information.

QuaaludeTM
(methaqualone)

www.jecopharm.com

Premarin

Increased risk of blood clots, liver problems, breast and uterine cancers, and cardiovascular disease



**Something
is terribly
wrong.**

The menopause.

Is it right for a woman to suffer consistently with hot flashes, irritability and sleepless nights? Is it right for her to feel lonely and sad?

Is it right to allow estrogen to become dried out through the menopause years, and to let the associated signs and symptoms of an unbalanced hormone system take hold?

Is it right that a woman be allowed to change her appearance partly as the result of the menopause years? Should the world have seen a billion well-adjusted, well-balanced women during the menopause years?

Noted scientists... for the treatment of menopause deficiency.

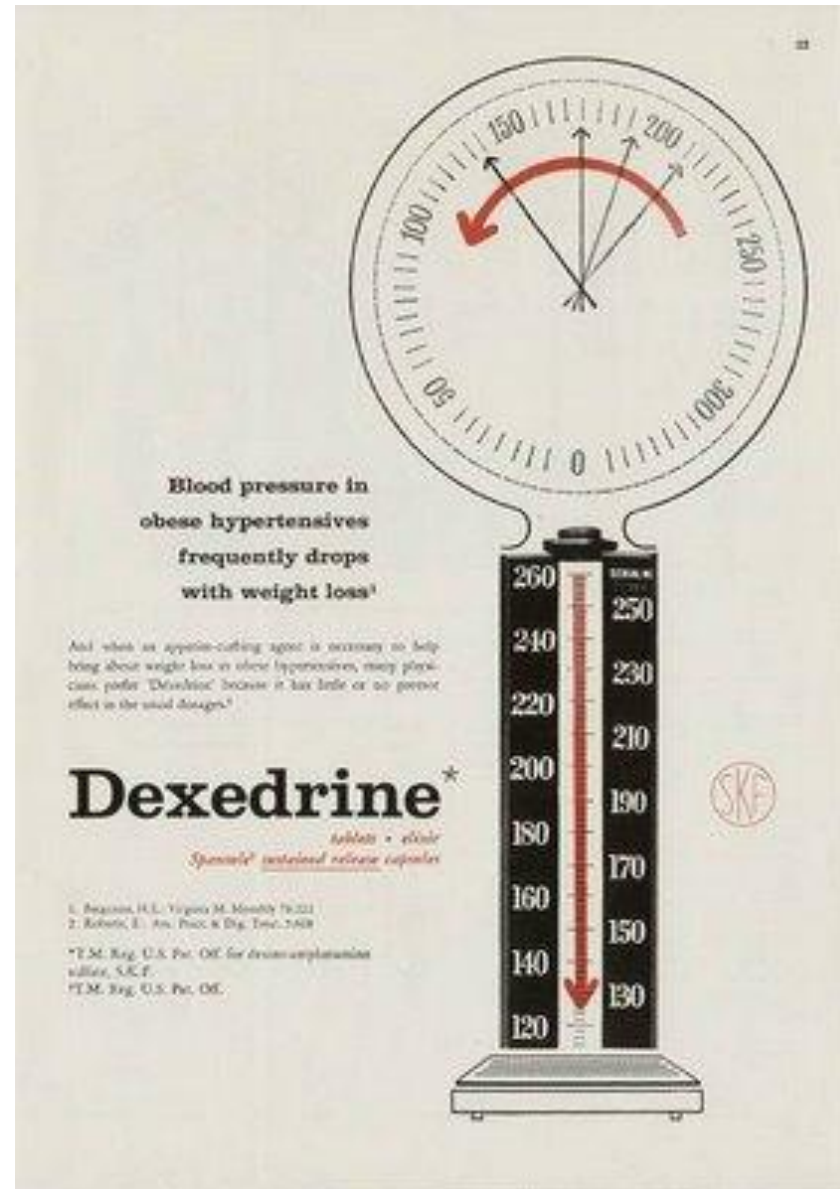
PREMARIN
gives you back everything that's lost.

**ESTROGEN
REPLACEMENT
THERAPY WITH
Premarin**
PREPARED BY
Pfizer Inc.
NATURALLY

Right?

Dexedrine

ADHD treatment, causes palpitations, elevated blood pressure, psychotic episodes, GI disturbances, impotence



Blood pressure in obese hypertensives frequently drops with weight loss¹

And when an appetite-suppressing agent is necessary to help bring about weight loss in obese hypertensives, many physicians prefer "Dexedrine" because it has little or no potent effect on the usual dosages.²

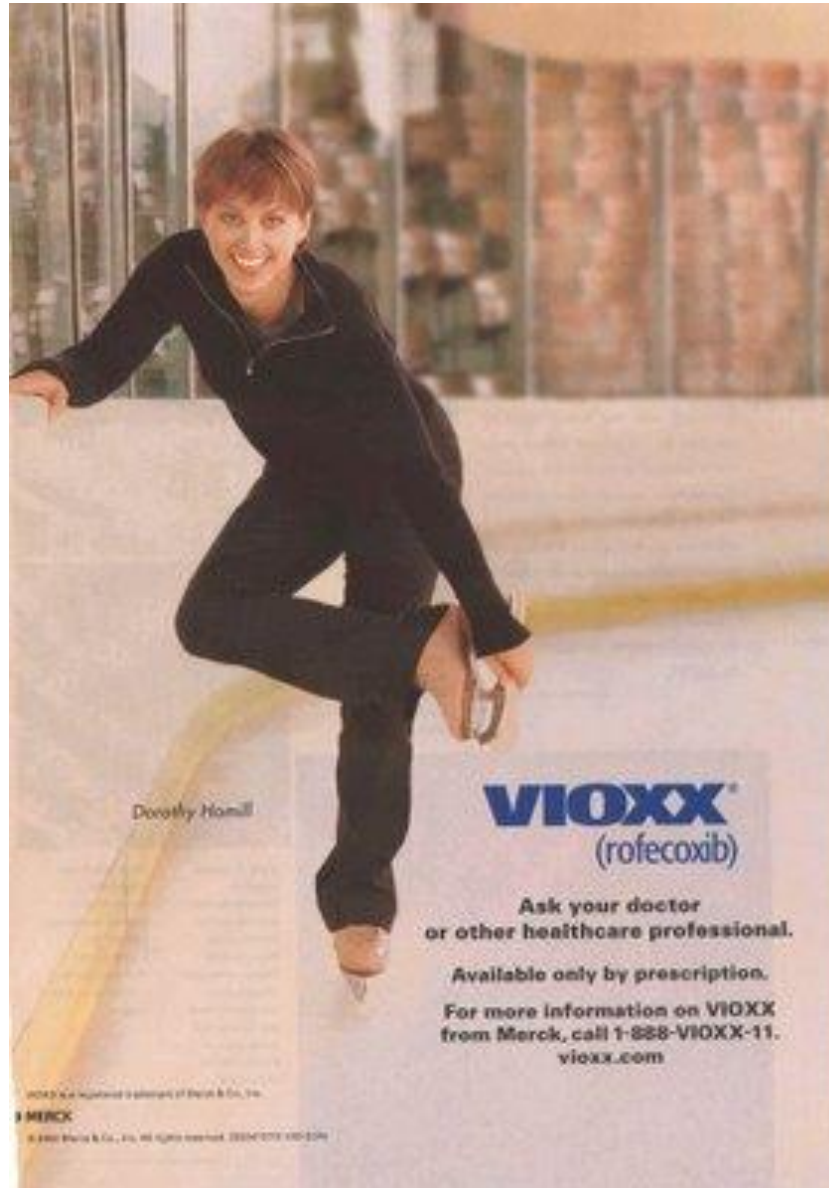
Dexedrine^{*}
tablet • elixir
Spanule[®] sustained release capsules

1. Bagshaw, H.L.: Virginia M. Monthly 79:221
2. Roberts, E.: Am. Pract. & Dig. Treat. 7:618

*T.M. Reg. U.S. Pat. Off. for dextroamphetamine sulfate, S.C.F.
†T.M. Reg. U.S. Pat. Off.

Vioxx

Withdrawn in 2004 due to heart attack and stroke concerns after five years on market

A photograph of Dorothy Hamill, a famous figure skater, performing a jump on an ice rink. She is wearing a black leotard and ice skates. The background shows a blurred cityscape through a window.

Dorothy Hamill

VIOXX
(rofecoxib)

Ask your doctor
or other healthcare professional.

Available only by prescription.

For more information on VIOXX
from Merck, call 1-888-VIOXX-11.
vioxx.com

VIOXX is a registered trademark of Merck & Co., Inc.

© 2004 Merck & Co., Inc. All rights reserved. 2004V1011 VIO-0294

Gee, Dad, you always get the best of
everything... even Marlboro!



20,679 Physicians say
"Luckies are less irritating"



* The figure quoted here is based on a survey conducted by the American Medical Association in 1954. The survey was conducted by the American Medical Association and the American Lung Association.

20,679* Physicians
say **“LUCKIES**
are less irritating”

“It's toasted”
Your Throat Protection against irritation against cough

More Doctors Smoke Camels Than Any Other Cigarette

**"You're
like part of
the family,
Doctor!"**

• Doctor, you—doctor of the science of medicine and surgery, with all the knowledge and skill that his years of training and experience provide.
But your doctor is more than that.
He is a wise counselor to old and young. He is a loyal and understanding friend to all.
He is, indeed, "like part of the family."

*According to a recent
Nationwide
survey:* **MORE DOCTORS SMOKE CAMELS
THAN ANY OTHER CIGARETTE**

YOUR "I-ZONE" WILL TELL YOU...

The "I-Zone" is the zone
and it for those who are
not passing around for one
cigarette. For only your
zone and your throat can
decide which cigarette comes
best to you... and that is
where your throat. On the
basis of the experience of
more millions of
smokers, we know
that Camels will
only "I-Zone" as a "I-Zone" as a "I-Zone."

CAMELS Costlier
Tobacco

GENTLEMEN, physicians, surgeons, specialists, doctors in every branch of medicine... 111,000 doctors in all... were covered in this survey by three independent research organizations. The object of the survey was to determine what cigarette doctors themselves preferred to smoke. The brand named most was Camel.

After all, a doctor smokes for pleasure too. The pleasing addition of a Camel can be just as welcome to his throat as to yours... the full, rich flavor of Camel's expertly blended costlier tobacco just as appealing to his taste. If you are not now smoking Camels, try them in your "I-Zone" (see left).



Nose, Throat and Accessory Organs not Adversely Affected by Smoking Chesterfields

NOSE, THROAT,
and Accessory Organs not Adversely
Affected by Smoking Chesterfields

**FIRST SUCH REPORT EVER PUBLISHED
ABOUT ANY CIGARETTE**

A responsible consulting organization has reported the results of a continuing study by a competent medical specialist and his staff on the effects of smoking Chesterfield cigarettes.

A group of people from various walks of life was organized to smoke only Chesterfields. For six months this group of men and women smoked their normal amount of Chesterfields - 10 to 40 a day. 45% of the group have smoked Chesterfields continually from one to thirty years for an average of 20 years each.

At the beginning and at the end of the six-months

period each smoker was given a thorough examination, including X-ray pictures, by the medical specialist and his assistants. The examination covered the sinuses as well as the nose, ears and throat.

The medical specialist, after a thorough examination of every member of the group, stated: "It is my opinion that the ears, nose, throat and accessory organs of all participating subjects examined by me were not adversely affected in the six-months period by smoking the cigarettes provided."

ASK YOUR DEALER
FOR CHESTERFIELD...
EITHER WAY YOU
LIKE 'EM

Chesterfield
KING-SIZE
CIGARETTES

CONTAINS TOBACCO
OF BETTER QUALITY &
HIGHER PRICE THAN ANY
OTHER KING-SIZE
CIGARETTE

Buy CHESTERFIELD *Much Milder*

Chesterfield Cigarettes, 1959

No curative power is claimed for Philip Morris... but
An Ounce of Prevention is Worth a Pound of Cure



No curative power is claimed
for PHILIP MORRIS . . . but

**AN OUNCE OF
PREVENTION**
is Worth a Pound
of Cure!

**PHILIP
MORRIS**
are scientifically
proved far less
irritating to the
smoker's nose
and throat.

CALL FOR PHILIP MORRIS

FAR FINER FLAVOR - PLUS FAR MORE PROTECTION

Blow in her face and she'll follow you anywhere



Blow in her face and she'll follow you anywhere.

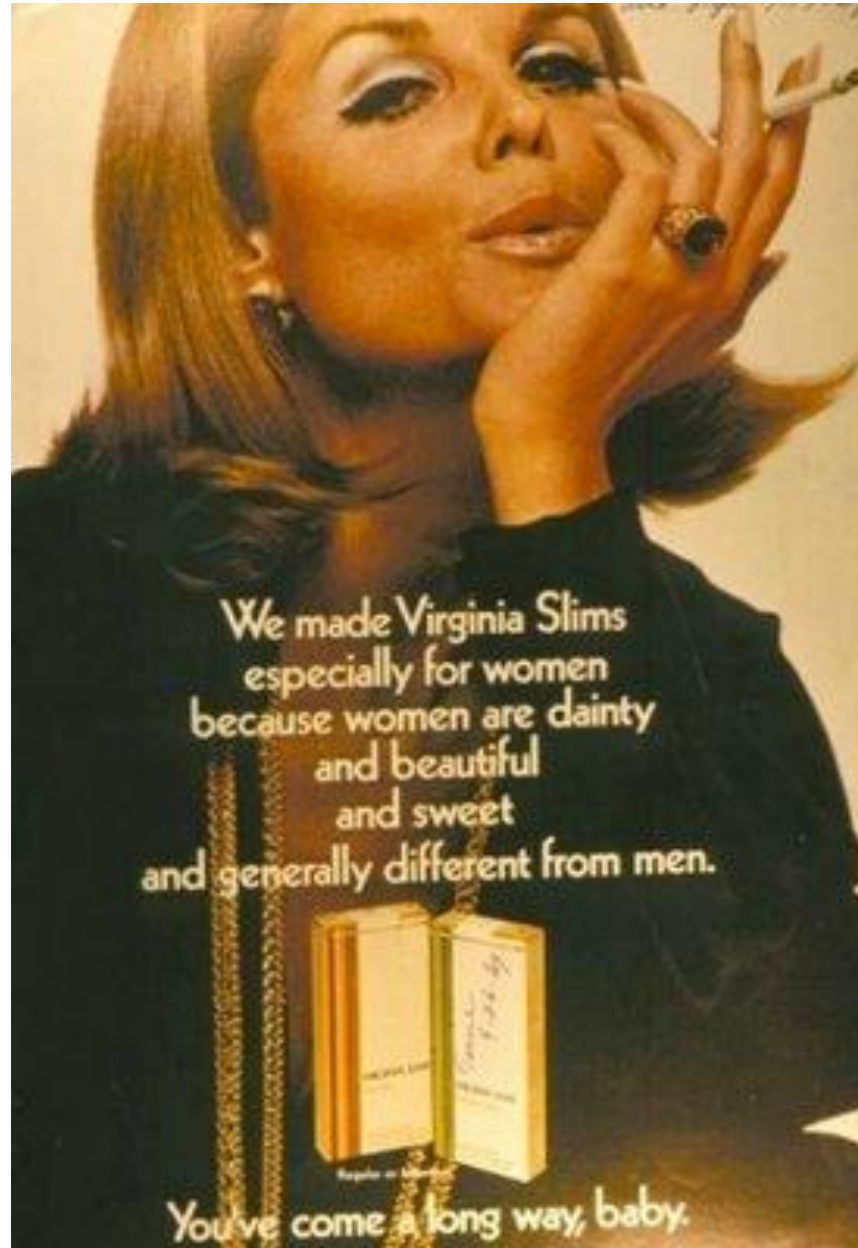
Hit her with tangy Tipalet Cherry. Or rich, grape-y Tipalet Burgundy. Or luscious Tipalet Blueberry. It's Wild! Tipalet. It's new. Different. Delicious in taste and in aroma. A puff in her direction and she'll follow you, anywhere. Oh yes.... you get smoking satisfaction without inhaling smoke.

| TIPALET | TIPALET | TIPALET | TIPALET |
|---------|----------|-----------|---------|
| Cherry | Burgundy | Blueberry | Wild! |

Smokers of America, do yourself a flavor. Make your next cigarette a **Tipalet.**

New from Muriel. About 5 for 25¢.

You've Come A Long Way Baby



Agenda

- Reasons for concern
- Safety
- Efficacy
- Making our choices
 - Vaccination choices
 - Grassroots advocacy

Parent Vaccine Choices

Think First

- Not all diseases are deadly, which shots do I want?
- How do I feel about the vaccine's ingredients?
- How do I feel about live virus vaccines?
- Is my child is typically developing?
- Should I get more than one vaccine per visit?
- Am I able to split them up and spread them out?
- Is there merit to taking antioxidants, vitamin A, homeopathy before and after the shots?
- Should I titer antibodies before getting a booster?

AAP Newsletter - May 2008

All Star Pediatrics' Vaccine Policy Statement

"... all children and young adults should receive all of the recommended vaccines according to the [CDC] schedule...

... vaccines do not cause autism or other developmental disabilities.

... by not vaccinating your child, you are taking selfish advantage of thousands of others who do vaccinate...

... delaying or breaking up the vaccines... goes against expert recommendations and can put your child at risk...

... if you absolutely refuse to vaccinate your child... we will ask you to find another... provider who shares your views. We do not keep a list... nor would we recommend any such physician.

...Thank you for your time in reading this policy..."

How To Think About Vaccines?

ALL

BEST
WAY
TO GIVE
THE
SHOTS?

WHICH TO
GIVE?

OTHER
THINGS I
CAN DO
INSTEAD OF
GIVING SO
MANY
SHOTS?

LEGAL WAYS
TO AVOID
SOME/ALL
REQUIRED
SHOTS FOR
SCHOOL?

SOME

NONE

DON'T
KNOW

WHAT AM I MOST WORRIED ABOUT?

I Don't Know Where To Begin!

WHAT AM I MOST WORRIED ABOUT?

WHAT'S IN VACCINES?

- Adjuvants
- Live viruses
- Preservatives
- Contamination
- Animal tissue

VACCINE SIDE EFFECTS?

- Death
- Brain damage
- Autism
- Other

THE DISEASES?

- Death
- Paralysis
- Other

FAMILY HISTORY?

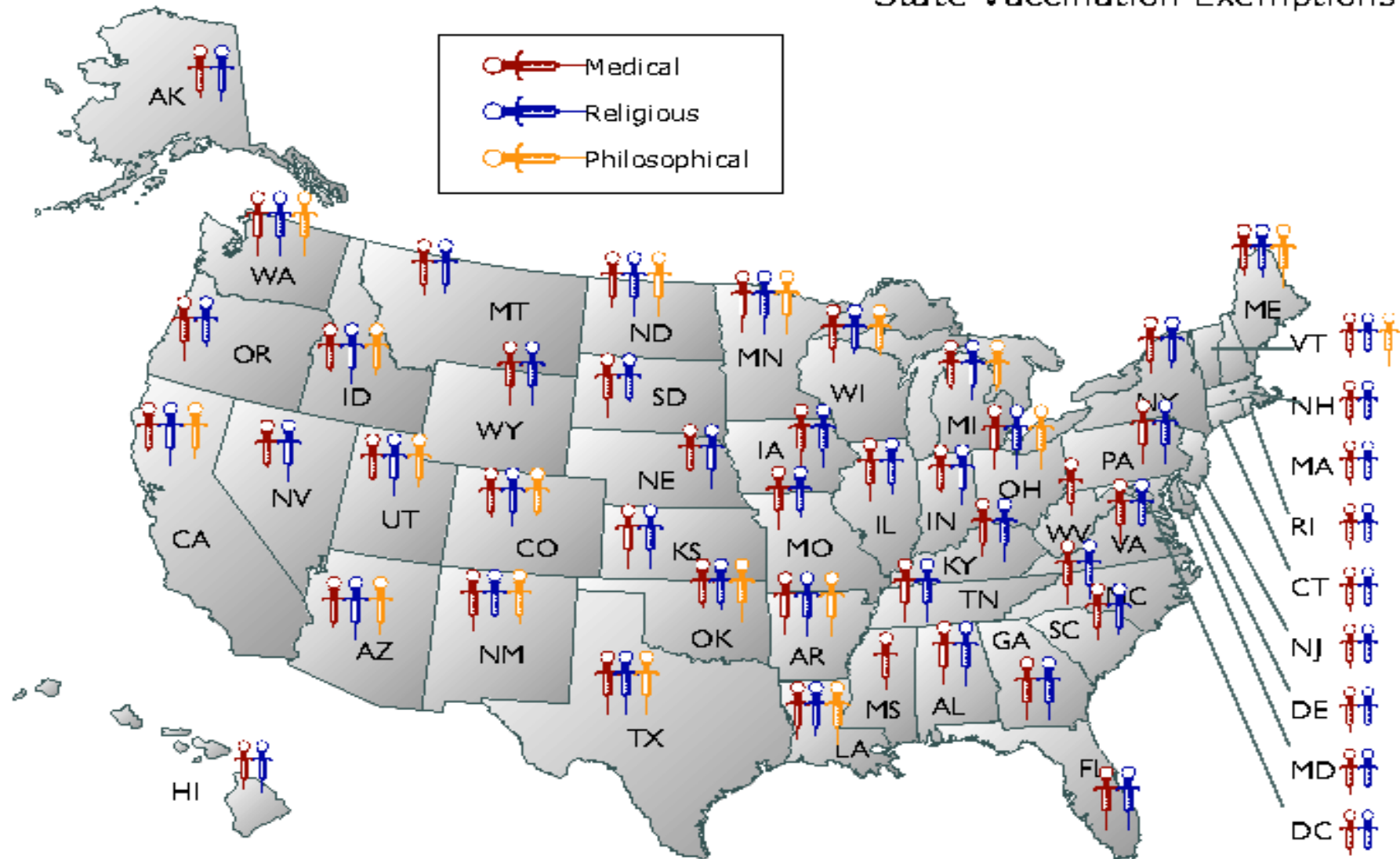
- Immediate
- Extended
- Severity

OTHER/ PERSONAL?

- State laws
- Doctor
- Family
- School
- Travel

Exemptions Available By State

State Vaccination Exemptions



Vaccination Exemptions

Medical: Allowed in all 50 states, with proof in the form of a signed statement by an MD or DO that one or more vaccines would be detrimental to an individual's health. Some state health departments are permitted to review and revoke the exemption.

Religious: Permitted in all states except MS and WV, intended for people who possess a sincere religious belief against vaccination. Some states permit personal religious beliefs, others require membership in a bona fide church.

Philosophical: Permitted in 18 states and over 50% of the U.S. population. Most states do not permit selective vaccination.

Proof of Immunity: Some states permit a Serological Exemption to boosters, if titers are drawn and sufficient antibodies are present.

© 2009

State Vaccine Mandates

| <u>Shot</u> | <u>NJ</u> | <u>NY</u> | <u>CA</u> | <u>WI</u> | <u>CO</u> | <u>TX</u> |
|--------------|-----------|-----------|-----------|-----------|-----------|-----------|
| DTP (3) | 6 | 3 | 5 | 4 | 4-5 | 5 |
| MMR (3) | 2 | 2 | 2 | 2 | 2 | 2 |
| Hep B | 3 | 3 | 3 | 3 | 3 | 3 |
| Polio | 3-4 | 3 | 4 | 4 | 3 | 4 |
| Varicella | 1 | 1 | 1 | | 2 | 2 |
| Menactra | 1 | | | | | 1 |
| Hep A | | | | | | 2 |
| Flu | 6 | | | | | |
| Pprevnar | 3 | | | | | |
| Hib | 3 | | | | | |
| <u>Total</u> | 45 | 22 | 29 | 25 | 29 | 33 |

How Important Is Vaccination Choice?

If you lost a child to SIDS or autism, who decides whether to vaccinate your other family members?

Do you have a personal threshold on what constitutes "enough" vaccination?

How do you feel about your children receiving vaccines without your permission?

How about vaccinating our children in school?

How do you feel about politicians and bureaucrats making your health care decisions for you?

Trust Gap Has Never Been Wider

Parents Are Furious

Public health officials deliver propaganda and cram down more vaccine mandates

Doctors kick us out of their practice

FDA is not protecting us

CDC is more concerned about promotion than safety

Parents can't sue vaccine makers for most injury and death resulting from childhood vaccines

No one can explain why our children are so sick

Parent support groups obliged to fill the information gap about safety, effectiveness and exemptions

The Moral Imperative

Responsibility, Integrity,
Accountability

vs.

Apathy, Personal Discomfort,
Other Priorities

Introducing Life Health Choices



Dedicated to improving lives, building community and creating change through informed choices that affect our lives and our health.

EDUCATION

HEALTH

ADVOCACY

Latest Happenings

Big Drop In H1N1 Cases

BBC - The number of new cases of H1N1 swine flu in England and Scotland has fallen significantly, latest figures show. England recorded an estimated 30,000 cases last week, compared with 110,000 the w [more...](#)

Senate on Autism (Video)

WASHINGTON DC - The U.S. Senate Appropriations Committee heard pleas for more money for autism research and to help families pay for therapies not covered by health insurance. One polarizing topic was [more...](#)

NY State Nurses: No H1N1

NEW YORK - Speaking on behalf of its 37,000 registered nurse members, the New York State Nurses Association opposes these amendments to the Official Compilation of Codes, Rules and Regulations of the [more...](#)

Military Planning For H1N1

WASHINGTON (CNN): The U.S. military wants to establish regional teams of military personnel to assist civilian authorities in the event of a significant outbreak of the H1N1 virus this fall, according [more...](#)

159M In US To Get Shot?

CIDRAP: The top US advisory panel on immunizations recommended today that groups totaling up to 159 million people be targeted for vaccination against the pandemic H1N1 influenza virus but that a narr [more...](#)

Seminars & Special Events

Thu Aug 20 @07:00PM - 08:30PM
Westhampton, NJ - [Vaccine Choices](#)

Fri Sep 11 @06:00PM - 07:00PM
WUSB 90.1FM Stony Brook, NY - [Radio interview](#)

Sat Sep 12 @09:00AM - 05:00PM
Newark, NJ - [Saving Our Kids Healing Our Planet Expo](#)

Tue Sep 15 @07:00PM - 10:00PM
Monroe, NY - [Vaccine Choices](#)

Thu Oct 01 @09:00AM - 09:00PM
Washington DC - [NVIC Public Vaccination Conference](#)

Sun Oct 25 @01:15PM - 03:00PM
Freehold, NJ - [Vaccine Choices](#)

Irradiated,
emulsified,
genetically
modified,
colorized.

Do you choose
what goes into
your **food**?



WE HAVE CHOICES. 

Louise Debates Meg Fisher, MD, FAAP



Life Health Choices founder Louise Kuo Habakus, MA, HHP debates Meg Fisher, MD, FAAP, President-elect, NJ chapter, American Academy of Pediatrics at the Cablevision studios in Randolph, NJ on April 16, 2009. Click for youtube parts [one](#), [two](#) and [three](#).



Overwhelmed?

[Click here](#) for some quick tips



Your Vaccine IQ?

[Take a quiz and find out](#)



Take Action

[Click here](#)



Swine Flu Alert

[Learn more and take action](#)



Professionals Only

[Health Practitioners](#)



Quote of the week

"In times of change, learners inherit the earth, while the learned find themselves beautifully equipped to deal with a world that no longer exists."

Eric Hoffer, American social writer and philosopher 1902-1983



Quick Vote

Will you get the swine flu shot this fall?

☐ Yes

☐ No

☐ Don't Know

Life Health Choices

How To Get Involved?

- Share your ideas
 - Future speakers and topics
 - Health practitioners, educators, businesses
 - Support groups, activists
- Volunteer your time and services
 - Marketing, graphics, web design/programming
 - Accounting, legal, database, other
- Donate
 - Non-profits barred from partisan politics
 - Grassroots advocacy - any amount helps

Vaccination Choice Rallies

Washington DC - June 4, 2008

Middletown, NJ - September 5, 2008

Trenton, NJ - October 16, 2008

Albany, NY - September 29, 2009

Dozens of speakers - doctors, nurses, lawyers, scientists, politicians, journalists, military families, homeschoolers, parents whose children were injured or killed by vaccines

Thousands of participants

National media: Fox & Friends, ABC World News Tonight, CNN, CBS, Associated Press, the Drudge Report, etc.

Parents all over the country listened in and sent photos to participate in the photo and video montage.

Making Change

Problems cannot be solved by the level of awareness that created them.

- Albert Einstein

Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has.

- Margaret Mead



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