

**FEARLESS
PARENT™**
Thinking ... For a Change



**THE
THINKING MOMS'
REVOLUTION**

present:

Stirring the Pot

How Food Makes Us Sick, Keeps Us Well, and Drives Us Crazy

An open conversation with five acclaimed experts:



Kelly Brogan, MD
Fearless Parent



Sayer Ji
GreenMedInfo



Jennifer Fugo
Gluten Free School



Camille Miller
NOFA - NJ



Louise Kuo Habakus
Fearless Parent

Listen as these experts share the **latest research** on food and our health. Concerned about **GMOs**? Curious about the **gluten-free** and **Paleo** craze? **Is sugar poison** to some? Confused about balancing calories, fats, and nutrient density? We'll delve into the **science behind the hype** and also offer **practical suggestions for your wallet**, so you can figure out **what's for dinner**. And don't miss the **health coach round robin**.

Featuring **generous VIP gift bags**, healthy refreshments, exhibitor giveaways, exciting raffle items, and more.

Join the Conversation

Saturday, May 3, 2014, 12:00 - 5:00pm

The Calvary Tabernacle Church

69 Myrtle St (Just 2 mins off GSP Exit 136)

Cranford, NJ 07016

\$25 / \$35 (after 4/25 and at the door)

Gourmet lunch option (details on site)

Limited seating. Register Today! www.FearlessParent.BrownPaperTickets.com